

THE BAILLIEWICK

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WINTER HOURS:

TUESDAY - FRIDAY, 10AM - 4PM

SUMMER HOURS:

TUESDAY - SUNDAY, 10AM - 4PM

ADMISSION BY DONATION



ANN BAILLIE BUILDING NATIONAL HISTORIC SITE
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www.museumofhealthcare.ca

Charitable No. 87790 3989 RR0001



Nurses' Home, 1904 (Ann Baillie Building), MHC COLLECTION

Homes for Nurses – The Ann Baillie Building and its Successors

By Paul Robertson, Curator

The most tangible evidence of Kingston General Hospital's former role in nursing education is the Ann Baillie Building, now home to the Museum of Health Care.

Designed by Kingston architect William Newlands and known as the Nurses' Home, the hospital erected the residence in 1903-4 as the first permanent accommodation for nursing students. Intended to house 26 nurses, it replaced earlier accommodations in the hospital itself, close to the wards and possible contagion from patients.

The Nurses' Home is situated facing Lake Ontario rather than the street, thus affording what must have been a sweeping view of the water. This impressive beaux-arts-style limestone building with its commanding

columned portico and high ceilings was meant to attract respectable, unmarried young women to nursing and to assure parents that their daughters would be adequately supervised.

A student's residence room was her refuge, her home away from home. She and her classmates lived, studied, and worked together for the duration of the programme. The residence became the centre of camaraderie, commiseration, and the beginning of life-long friendships.

Within a few years the nursing school had outgrown the residence and the student overflow was once again accommodated in other hospital buildings. To overcome this space shortage, in 1927-8 the hospital

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Above: 1969 Nurses' Residence Tower, KGH ARCHIVES
Below: Ann Baillie Residence, 1928, KGH ARCHIVES



constructed a new 150-bed Nurses' Home at the corner of George and O'Kill streets as an addition to the original 1904 building. The new structure featured a beautiful reception room and lounge, a library, a sun room, and a large classroom in the basement.

Generations of KGH nursing graduates have fond memories of this 1920s building. In 1942 it was renamed the Ann Baillie Residence in memory of the much loved nursing school superintendent (1924-42) and member of the 1910 class.

A KGH student often began her career as a resident of the 1904 Nurses' Home. Probationary students were frequently housed on the second floor of the building and in later years would move into the Ann Baillie Residence next door. It was likely no coincidence that the school's supervisors lived one floor below the "probies".

As the student population continued to grow, other buildings joined the Ann Baillie Residence as temporary homes for nurses, such as the first floor of the 1923 Kingston

Isolation Hospital on King Street. In the late 1940s the hospital acquired a mansion down the street on King for the use of graduate nurses working at KGH. Called Calvin House, the hospital expanded this building in 1956 for 54 student nurses.

In 1969 all KGH nursing students moved into the modern high-rise residence, now known as Waldron Tower. Newly constructed on the site of the original Calvin House mansion, the building was designed to allow a view of Lake Ontario from every bedroom. This structure served as residence until the school's closure in 1973.

After the hospital demolished the 1928 Ann Baillie Residence wing in 1992, the Ann Baillie name was applied to the original 1904 Nurses' Home. Designated a National Historic Site in 1998, the Ann Baillie Building continues as a symbol of the nursing profession and nurses' contribution to health care in the community and hospital.

For Service to Humanity: Nursing Education at Kingston General Hospital Exhibition Opening Reception



From L to R: Lynn Kirkwood (Retired Nurse Educator), Alice Baumgart (Professor Emerita, Queen's University), Dianne Dodd (Coordinator of the Women's History Initiative, Parks Canada), Clare Rayner (Nursing Instructor), Norma Freeman (Nurse Consultant, Canadian Nurses Association), Marilyn Boston (KGH Alumna), Judy Douglas (President, KGH Nurses' Alumnae)

On Thursday, November 13, approximately 100 guests joined together to celebrate the grand opening of the Museum's new permanent Nursing Gallery.

"KGH Nurses' Alumnae have always supported the Museum and are pleased to participate in the development of this gallery as it tells our story and preserves our heritage," said Alumna Marilyn Boston, who brought greetings during the opening program.

The evening began with guest speakers at Richardson Labs and was followed by a ribbon-cutting, a tour of the gallery and a reception at the Museum.

Public and Private Support – The Key to the Museum's Future

By Dr. James Low, Executive Director



From L to R: Marilyn Boston, David Page, Board of Directors President Alan M. Grant, Program Committee Chair Hugh Pross, Education Officer Marjorie Bousfield, Curator Paul Robertson and David Symington at the Museum's Annual Holiday Reception for donors, staff and volunteers.

Our vision is to be Canada's premier museum devoted exclusively to the story of health and health care. To achieve our mission, the Museum:

- preserves the legacy of health care through its collection available as a research resource through the Museum website and Artefacts Canada;
- enhances public understanding of the history of health care through exhibits and programs;
- conducts research for the collection, exhibits and programs, and
- communicates the significance of built heritage.

To do this, the Museum requires:

- governance by a Board of Directors;
- a facility, the Ann Baillie Building, to serve as the Museum's home;
- a collection representative of health care in Canada, and
- a professional staff.

The power of the Internet allows the Museum to serve as a national resource by providing the collection catalogue and exhibits online. A National Advisory Board has been established to advise the Board of Directors on the national role of the Museum.

The generous financial support received from public and private sources has been an important key to the development of the Museum since 1991. This funding contributes to both the annual operation of the Museum and the Museum Endowments.

Annual contributions from the membership and from sustaining patrons have provided the essential 'core funding' for the annual operating budget of the Museum. Regular and sustaining members also provide public endorsement of the mission of the Museum in addition to their financial support.

Sustaining Patrons have included the Faculty of Health Sciences, Queen's University; Hannah Chair for the History of Medicine; Kingston General Hospital; Religious Hospitalers of St. Joseph; Sisters of Providence; KPMG; Brown's Fine Foods; iSTORM New Media; Association of Canadian Academic Healthcare Organizations; KGH Auxiliary; KGH Nurses Alumnae; The College of Family Physicians of Canada; and members of the Board of Directors.

Operating and project grants from both public and private sources

have been critically important to the continuing development of the Museum. The federal government through the Department of Canadian Heritage provides matching project grants through the Museum Assistance Program, Capacity Building Program and personnel support through the Young Canada Works program. The provincial government through the Ministry of Culture has awarded an operating grant to the Museum since 2000 and through the Trillium Foundation has been a valuable source of project grants. The municipal government has provided project funding through the Healthy Community fund. Project grants from foundations include: Anna and Edward C. Churchill Foundation; Associated Medical Services Inc.; Ballymenagh Foundation; Davies Charitable Foundation; and the Lillian and Leroy Page Foundation.

Sponsorship of specific programs continues to be very important. The Education Program has been sponsored by the Anna and Edward C. Churchill Foundation, Faculty of Health Sciences, Queen's University, Ruth Connell

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Taking the Time to Recognize Those Who Matter

By Mary Kathryn Ilic, Advancement Officer



The Museum of Health Care held the 2008 Holiday Reception to celebrate the contributions provided by the Donors, Staff and Volunteers over the past year.

The reception was held on December 8th, 4:00 – 6:00 pm. We had a good turn out with plenty enjoying the conversations, delicious food and wonderful wine. This event will be an annual occurrence allowing the Museum to properly thank those who have provided the Museum with dedicated support.

Without such committed supporters, the Museum of Health Care would not be enjoying the success it does.

Thanks to contributions received by the Museum, we have been able to:

- Fully document more than 25,000 objects in our Collection Catalogue
- Deliver 10 different Outreach-Education Programs to more than 1,500 students each year
- Host 25,000 to 30,000 visitors to our Exhibits, Exhibitions, and Galleries

- Develop approximately one new Outreach-Education Program per year
- Host approximately 70,000 visit to our online exhibits and approximately 75,000 visits to our Museum website
- Award yet another well deserved Graduate Student the Margaret Angus Research Fellowship
- Sustain our Collection (30,000 objects and growing)
- And so much more ...

We are grateful to all those who have made the mission of the Museum possible, Preserving and Promoting the Canadian Health Care Legacy.

Please contact the Museum if you would like to be more involved in preserving the Museum's Legacy.

Top Photo, from L to R: Board of Directors President Alan M. Grant, Program Committee Member Dorothy Farr, Board of Directors Vice Chair Frank Norman

Middle Photo, from L to R: Executive Director Dr. James A. Low, Sister Kugel, Sister Shannon

Bottom Photo: Advancement Officer Mary Ilic



2008 Dr. Margaret Angus Research Fellowship Evening Presentation

On Thursday, October 9 at 7pm at the Glaxo Wellcome Clinical Education Centre (Louise D. Acton Building), over 60 visitors enjoyed a presentation by our 2008 Dr. Margaret Angus Research Fellow Andrea Melvin, a graduate from the University of Western Ontario's Master of Arts in Public History Program.

Presenting her paper, *Badges of Honour or Devices of Control?: Uniforms at Kingston General Hospital's Training School for Nurses, 1930-1970*, Andrea explored the symbolic meanings behind the nursing uniform and cap, focusing on how nursing uniforms benefited nurses by enabling a professional and cultural agency for the woman wearing them. Andrea also touched on fashion and the role of nursing uniforms in informing aspects of social and cultural interaction. Andrea's presentation provoked a lively discussion, and many audience members (many of whom were KGH graduates!) provided valuable input.

Congratulations, Andrea, and thank you for all your hard work!



2008 Research Fellow Andrea Melvin

and James Brown. The development of representative collections has been sponsored by the Ballymenagh Foundation and the Society of Obstetricians and Gynaecologists of Canada.

The restoration and renovation of the Ann Baillie Building was endorsed and supported by the Kingston General Hospital. Major contributors have included the Department of Canadian Heritage, Cultural Spaces; Ontario Heritage Foundation; Trillium Foundation; Anna & Edward C. Churchill Foundation recognized by a named gallery; Orange Lodge donation on behalf of John Dodds recognized by a named Conference Room; and the KGH Nurses Alumnae.

The Endowment Funds are

important to the long term integrity of the Museum. The Museum's Professional Endowment Fund was initiated by contributions from a large number of physicians and nurses. The John and Lillian Dodds Endowment Fund was initiated by friends of the family. The Margaret Angus Research Fund was initiated by friends of Margaret Angus. The KGH Nurses Alumnae have recently established the KGH Nurses Alumnae Museum Endowment Fund.

The Board of Directors and staff are indebted to these donors. This endorsement and support is essential if the Museum is to achieve its mission as a regional and national resource in the history and science of health and health care.

CALL FOR PROPOSALS: Dr. Margaret Angus Research Fellowship - 2009

Deadline: February 6, 2009 at 4pm

A decision will be made by March 1, 2009

Value: \$4600.00

The Museum of Health Care accepts proposals for a 16-week resident summer fellowship relevant to the history of health and health care utilizing the Museum's collection and/or programs.

The goals of the fellowship are:

- to develop an appreciation of the value of the history of health care
- to become familiar with research methodology in the history of health care
- to understand the role of health care museums in the history of health care
- to become familiar with the goals, policies and operation of a health care museum
- to gain experience in historical research in the history of health care
- to make a contribution towards understanding the artefacts in the Museum's collection

It is expected that the Fellow will produce a manuscript, and deliver a public presentation of their findings at the end of the fellowship. Senior undergraduate students and recent graduates of Honours Bachelor, Master's or Ph.D. programs preferred.

Applications should be submitted by mail to:

Dr. Hugh Pross - Chair, Program Committee
Museum of Health Care, 32 George Street, Kingston, ON K7L 2V7
or by email in Microsoft Word or Rich Text Format to:
museum@kgh.kari.net

Applications should include a brief description (300-350 words) of the research plan and two letters of reference. For more information, please contact Catherine Toews at 613-548-2419, or museum@kgh.kari.net.

MUSEUM EVENTS



From L to R: Kathy Karkut, Paul Robertson, Albert Barris and Ted Bellinger. PHOTO BY: SHARON PARTRIDGE

Museum accepts significant donation from WWII veteran

On August 14, 2008, Mr. Albert Barris, retired Canadian Air Forces veteran, now 93, and his son-in-law Mr. Ted Bellinger officially donated a custom back brace to the Museum's collection. The brace, made in the 50s, was the subject of Barris' claim to Canadian Veterans Affairs in March 2008.

Mr. Barris left the Air Force with a military work-related injury after World War II. With no-medical records in existence, Barris, having no proof of his injury being military related, had only his injury, memory and the special brace to justify a claim.

Two years ago, with the help of his son-in-law Ted Bellinger, Barris and family reapplied to Canadian Veterans Affairs. Central to the claim was the back brace, which was used to provide evidence and a timeline for Barris' injury.

The Museum was approached in May 2007 to identify the creation date, manufacturer and medical purpose of the brace for the purposes of aiding the claim. Curator Paul Robertson and Collections Manager Kathy Karkut were able to narrow down the possible date of creation to a window of a few years time.

The work of the Museum was instrumental to Mr. Barris' successful claim: Mr. Barris has been awarded a retroactive Pension and other coverage. In thanks, Mr. Barris and Mr. Bellinger presented the artefact to the Museum after a brief ceremony.

After a great summer filled with day-campers from various organizations, and with First Capital and *Astonishing Past of KGH!* guided walking tours, including a scavenger-hunt version for kids, I returned to delivering classroom programs in October. I had fun interacting with students from gr. 2/3 to community-learning centre, from Wolfe Island to Trenton.

We can now offer our outreach-education programs in French, thanks



Left: A day-camper carefully sews a 19th-century herbal Dream Pillow. Right: Serious scavenger hunters.



to summer Education Assistant Véronique La Rue-Constantineau.

Check upcoming education-related events (March Break programs, Alternative Practicum for Teacher

Candidates, our Special Awards at Science & Historical Heritage Fairs, & "What's Cool About Museums?" poster contest) through our web site or by contacting the Museum.

Gold, frankincense, and myrrh

By Marjorie Bousfield, Education Officer

Two thousand years ago, gold was the **least** precious of these three gifts. The others had long been used for preserving bodies for burial, slowing down the decomposition process and masking odours, and as incense in religious ceremonies. Recently, researchers found that a psychoactive drug in frankincense smoke actually reduced anxiety and depression in mice!

Frankincense and myrrh are the resins of trees living in the arid climate around the Gulf of Aden and Red Sea. Turpentine is also resins. Amber is fossilized resin.

Soft resins are called "oleoresins", or oil-resins. An oleoresin containing benzoic or cinnamic acid is called a "balsam", from the Hebrew, thence Greek, word meaning fragrant; frequently corrupted as "balm", the word has come to mean something that heals or soothes. Benzoin resin is sometimes called styrax resin, because its most common source was from trees of the genus *Styrax*. You may be familiar with the ornamental Japanese snowbell (*S. japonicum*).

The Indonesian tree *Styrax benzoin* is called "gum" benjamin, not from "Benjamin", but the Arabic

luban jawi, meaning "frankincense from Java" (*luban* is the source of another name for frankincense: *olibanum*). However, it is not a true gum; gum is water-soluble, resin is not. Resins must be dissolved in solvents such as oils and alcohols. When resin is dissolved in alcohol, it is known as a tincture. Balsamic tinctures are used even today to disinfect small wounds.

Benzoin resin actually kills pathogens found in wounds. Resin oozes from the bark of the tree when it is wounded and protects it from ambient pathogens.

Real frankincense ("true incense") is not from *Styrax* but *Boswellia*. Nonetheless, its resin contains benzoic acid.

Our native trees bearing the modifier "Balsam" owe their names to their aromatic resins: that of Balsam poplar (*Populus balsamifera*) comes not from its bark, but covers its buds, thereby protecting them from pathogens. All 10 species of poplars producing this resin may be termed balsam poplars.

The Ojibwa and Algonquin made a wound salve from these buds. Resin-coated buds of Balsam poplar and resin from Balsam Fir (*Abies balsamea*) were both sold as Balm of Gilead. Balsam

Fir was also known as Canada Balsam and Canada Turpentine. When 19th-century cures called for "turpentine", they may well have been referring to Canada Balsam, rather than the oleoresin distillate from conifers, mostly pines, we now call turpentine.

The word "turpentine" comes from the name of the tree from which this aromatic resin was originally distilled, the terebinth (*Pistacia terebinthus*) of the Mediterranean area.

True Balm of Gilead is the resin of *Commiphora gileadensis*, grown in the eastern Mediterranean region and used medicinally since ancient times. *Commiphora myrrha*, the "bitter" incense, is the last of the three gifts.

Because myrrh was rare and thus costly, it was sometimes diluted with bdellium, the resin from another shrubby tree (*C. nightii* or *C. mukul*), native to arid areas of India.

This Mukul myrrh or *guggal* is itself an ingredient in Ayurvedic medicine, and now rare; the species is endangered, owing to habitat destruction. Research shows that *guggal* reduces cholesterol.

Myrrh and frankincense: precious gifts indeed!

Welcoming New Volunteers

WELCOMING NEW FACES



Samuel Ferber is a second-year Life Sciences student at Queen's University. As a Curatorial Volunteer, he searches the online collection database and looks for more information about the objects to confirm their history and application. Through this position, Samuel has had the privilege to explore both his interests in health care as well as history.



Kate Bascom is excited to be volunteering at the Museum of Health Care throughout her school year in Kingston. She is a third-year Political Science student at Queen's University. Her minor in History has led her to pursue jobs and volunteer positions that focus on Canadian culture and heritage. She has enjoyed all her duties as a Curatorial Volunteer so far and hopes to continue learning in the New Year.



Visitors to the November 13 opening reception of *For Service to Humanity: Nursing Education at Kingston General Hospital*, the Museum's new permanent Nursing Gallery, were treated to a special performance by volunteer violinist **Clare Mak**. An accomplished violinist, Clare is also a third-year Nursing student at Queen's University. Clare's performance marked the first time live music has been featured at a Museum event.

Thank you, Clare!

Saying Thanks

Our enthusiastic and indispensable volunteers generously donate their time, energy and expertise to Museum activities. Without the contributions of our volunteers, the Museum could not continue to advance its preservation and educational functions. **The Museum wishes to thank all of the volunteers who gave their time in 2008:**

Kate Bascom
Curatorial & Special Events
Volunteer

Marilyn Boston
Docent & Special Events
Volunteer

Allison Browne
Curatorial Volunteer

Sheila Cornett
Curatorial & Special Events
Volunteer

Katie Cummer
Curatorial & Administrative
Volunteer

Judy Douglas
Special Events Volunteer

Samuel Ferber
Curatorial Volunteer

Claire Kelly
Collections Volunteer

Lynn Kirkwood
Nursing Advisor

Lorna Knight
Nursing Advisor

Clare Mak
Volunteer Musician

Hilda Lake
Nursing Advisor

Carol Page
Interpretive Volunteer

Felicity Pope
Nursing Advisor

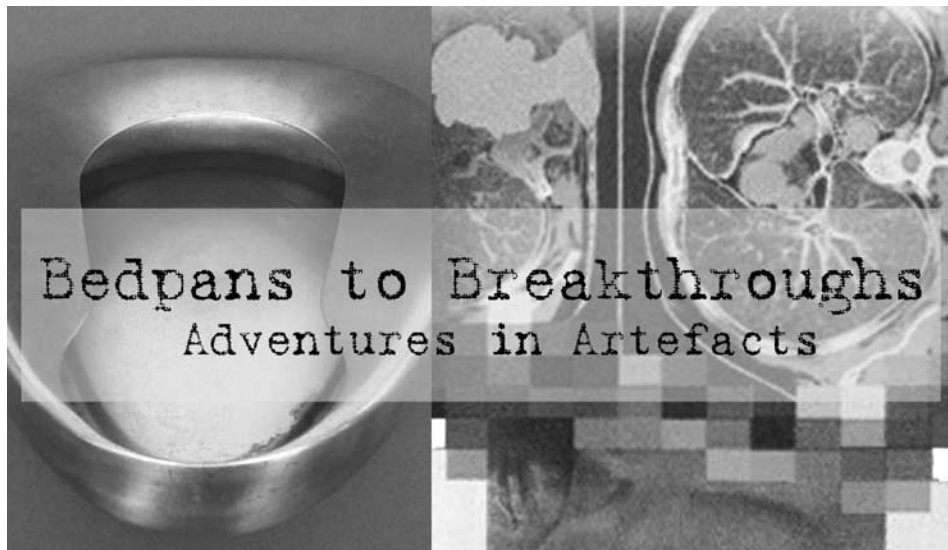
Fraser Radford
Curatorial Volunteer

Clare Rayner
Nursing Advisor

Diane Richards
Interpretive Volunteer

Steve Vollick
Special Projects Volunteer

Mary White
Collections Volunteer



Reintroduction of a Kingston Treasure: The Museum's New Introduction Series

By Mary Kathryn Ilic, Advancement Officer

The Museum has been working very hard over the years to expand community knowledge and allow individuals to be aware of the Museum. It has become clear that a new approach should be taken to widen this objective even more. Over the past few months, the Museum has been developing a new introductory event, "Bedpans to Breakthroughs – Adventures in Artefacts".

These events have a one hour long program which includes a tour of the behind the scenes areas found in the basement of the Ann Baillie Building. All fulltime staff members will be at the events to share the details of their work and all programs provided by the Museum will be discussed allowing for new or current Museum community members to see what the Museum of Health Care has to offer.

We have received fantastic reviews thus far; many have said that the Bedpans to Breakthroughs events are exactly what they were looking for, an excellent introduction to the Museum. Others have mentioned that they loved the fact that a tour of the basement was provided, so they can see where the artefacts that are not on display are stored. As well, many individuals appreciate the opportunity to meet the

staff here at the Museum. They obtain a wider understanding of what each staff member achieves for the Museum and are given time to chat one on one with staff members at the end of the event.

It is important to note that during these events, individuals are not asked for a financial contribution, but rather a contribution of feedback. A follow-up call is done within two weeks of each event to find out what each individual thought about the events and how they might be involved with the Museum. We are interested in the ideas, input and feedback of all who are involved in the Museum. With this feedback the Museum can move forward and provide a better product and service for the community.

These events are not just for new individuals to the Museum. They are great for current Museum members to really appreciate the work that is being done by the staff members and to see some areas that may not be otherwise seen. If you would like to attend one of these events and possibly bring a friend along that you think would find these events interesting, we have many coming up this year and would be pleased to see you attend.

Here is a schedule of our current 2009 event dates for "Bedpans to Breakthroughs – Adventures in Artefacts". Additional dates may be added, so please review the list on our website,
www.museumofhealthcare.ca

JANUARY

Thursday, January 22
4:30 to 5:30 pm

FEBRUARY

Thursday, February 12
8:30 to 9:30 am

Thursday, February 19
4:30 to 5:30 pm

MARCH

Thursday, March 12
8:30 to 9:30 am

Thursday, March 19
4:30 to 5:30 pm

APRIL

Thursday, April 9
8:30 to 9:30 am

Thursday, April 16
4:30 to 5:30 pm

Please contact Mary Ilic by e-mail or telephone if you would like to attend one of these events.

ilicm@kgh.kari.net
613-549-6666 ext. 3915

Coming Soon! Heritage Week Events

1. Tuesday, February 17
12:15 pm

A program featuring a Nursing Gallery tour by our Curator, Paul Robertson and a tour of the Ann Baillie Building National Historic Site.

2. Wednesday, February 18
7:00 pm

"Celluloid & Starch: Nurses in the Movies", an entertaining evening of film clips and discussion about the on-screen portrayal of nurses.